



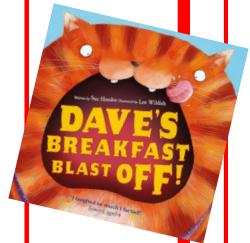
# Nursery Newsletter 13

## Pond life and Pets

As we think more about garden life we will be exploring more animals, creatures and insects that might live in and around a pond and our family pets! If you have a family pet, please send a picture on evidence Me or email so we can show and share with the children! :-)

Learning this week has included:

- ◇ Our next Drawing Club Book is called Dave's Breakfast Blastoff! Children will love learning about this hefty and slightly greedy house cat as he gets in a pickle after eating his neighbour's pets food!
- ◇ As part of maths learning N2 children will be looking closely at patterns in nature and specifically on caterpillars and spiders!
- ◇ Our N1 children will use the story Big Bad Fish to learn more about how tadpoles grow into frogs!
  - ◇ After talking about the importance of sleep children will use fabric collage to create their dream pyjamas!
  - ◇ In phonics children will focus on hearing the initial sound of simple words and singing garden based rhymes eg Wiggley Woo, Round and Round the Garden. Shoo Fly, Dont Bother Me!
- ◇ In PE children will be learning how to use a number of outside resources such as cones and posts to weave through !
- ◇ Children have recapped the importance of keeping our Privates area Private and the difference between good and bad secrets e a surprise gift for a friend vs a secret that worries or upsets us.



### Plant Swap Shop

Don't forget to send pictures of your gardening experiences at home and feel free to bring in any young plants you might have that you'd like to swap in school :-)

### RE—Special Places

Over the Summer Term we will discuss special places we have visited with our families and places or areas in school. We will also include special places of worship and talk about why they are special to different religions.

Please share with us any places you feel are special to your child. This could be anywhere, a place abroad, or drive away, it could be in the home, or garden, or could be a place of religious significance wherever your child feels familiar and excited about going to. When you share it really helps the children's engagement and understanding of the discussion.

# Notes and Reminders:

## Did You Know?

### Sleep

According to NHS guidelines, a 3-year-old child typically needs about 10 to 13 hours of sleep in a 24-hour period. This total usually includes around 11 to 12 hours of uninterrupted sleep at night, with some children still requiring a short daytime nap of 1–2 hours.

#### **Tips for Better Sleep**

**Routine:** Follow a set sequence (e.g., bath, teeth, story, bed).

**Environment:** Keep the bedroom quiet, dark, and cool

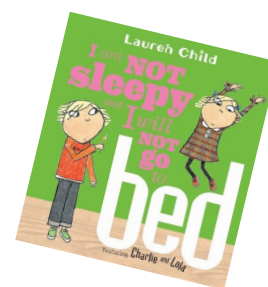
**Screens:** Avoid screens (TV, tablets, phones) at least 30-60 minutes before bed.

**Daytime:** Encourage active, outdoor playtime during the day

If your child is consistently struggling to sleep, or if you have concerns, it is advised to speak to your health visitor or GP.

We will be discussing sleep routines and behaviours in school, using story and rhyme along the way. Do let me know if there are any ways we can help.

Mrs Spence



### **Lost Jumpers and Cardigans**

We seem to have a lot of unnamed Jumpers and cardigans that have been in Nursery for a while so I will be washing and putting them into the PTA shed by the end of this term.

If you think one or two may be yours please pop by to claim it :-)